



## ADHD referral: A guide for General Practitioners

### Standard Operating Procedure for ADHD referrals

This document demonstrates the standard procedure for patients requesting an assessment for ADHD.

1. Patient requests ADHD assessment through triage system, reception call or during a GP consultation.
2. Send Accurx text or similar linking the **think ADHD** screening tool.
3. Patient to complete screening tool and receive PDF with completed information to their nominated email address.
4. Patient returns PDF to surgery through text message return link/e-mail/printed\*  
*\*delete as appropriate*
5. PDF is reviewed and included with a covering letter to the ADHD assessment service.

### Right to Choose

For Right To Choose assessments, the PDF can be sent along with the specific paperwork requested by the service in question. This will differ according to the service, however they will generally require :

1. The completed ASRS (this is included in the patient's **Think ADHD** PDF report).
2. A completed referral document. The patient's **Think ADHD** PDF report will supply information pertinent to completing this document.
3. In some instances, a Patient Waiting List Assessment.

### Private Assessment

For individuals requesting a private assessment, the patient's **Think ADHD** PDF report can be sent along with a simple covering letter requesting ADHD assessment.